

## Manisha "Mona" Dave, MD

Board Certified in Pediatric Gastroenterology  
Digestive Health & Nutrition in Children

**Procedure Results and Biopsies will only be discussed by Dr. Dave at the scheduled follow up office appointment. Your child (the patient) must be present at the office visit and copayment will be collected at the time of the visit.**

Your insurance will be verified and you will be called with all deductible and coinsurance amounts. Payment is due 24 hours prior to the procedure or the procedure will be cancelled. Changes made less than 48 hours prior to the procedure will incur a \$75 service fee.

On the day prior to the procedure, the pediatric anesthesiologist and procedure facility will contact you directly to discuss any further instructions. There will be separate charges from the anesthesiologist, procedure facility, and pathologist.

### Colonoscopy

**Dr. Dave has recommended a Colonoscopy (lower scope).** This is a test in which the doctor looks directly into the large intestine (colon) and last part of the small intestine with a narrow bendable tube mounted with a camera and a light to help find out why children have changes in stools, diarrhea, bleeding, and abdominal pain. The doctor will take very small tissue samples (biopsies) that are the size of a pinhead, from all examined areas. Biopsies do not cause pain. Each biopsy site bleeds a little but the bleeding stops by itself. Biopsies will tell us if there is damage, allergy cells, infections, ulcers, Crohn's disease, or ulcerative colitis. The colonoscopy will take approximately 40 minutes. You will arrive one hour prior to the procedure and will be discharged home approximately 30 minutes after the procedure. Dr. Dave will speak with you very briefly after the procedure and a detailed discussion will take place at the scheduled follow up office appointment.

### ***Colonoscopy clean out instructions:***

On the day before the procedure, your child may have a normal breakfast that must be finished by 9 AM. Start a clear liquid diet after breakfast. Your child may have Jell-O, Broth, Strained fruit juice, Popsicle, Water, and Tea. At 9 AM and again at 11 AM you will need to give your child (call Dr. Dave's office) ounces of Magnesium Citrate. This should be finished within 30 minutes. Magnesium Citrate is over the counter and is found in the laxative section. If your child will not tolerate the taste of the Magnesium Citrate, then the alternative is to give (call Dr. Dave's office) teaspoons of Miralax mixed with (call Dr. Dave's office) ounces of clear liquid. This should be finished by 7 pm. By 10 pm, your child's stool should look light brown in color. If your child is not properly cleaned out, you will be asked to reschedule.

**I have read and understood the procedure instruction sheet:**

Signature of Parent/Guardian: \_\_\_\_\_

#### **Plano Office**

6300 W Parker Rd, Bldg 2, Ste 424, Plano, TX 75093  
Phone: 972-265-8222

#### **Southlake Office**

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